

# Attention Deficit Hyperactivity Disorder (ADHD), Injuries and Occupational Therapy: A Review

Batia S. Marom

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**Batia S. Marom**, PhD, OT, Clalit Health Services. [batiam2@clalit.org.il](mailto:batiam2@clalit.org.il)

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ADHD is a common neurodevelopmental disorder that can affect the ability to participate in daily occupations, including studies and work. Injuries are the leading cause of morbidity and mortality among people up to age 45. Therefore, according to the World Health Organization, identifying populations at risk of injury and preventing injury is of the utmost importance. The purpose of this review is to provide current information about the risk of injuries among individuals with ADHD and to discuss how it is related to occupational therapy. Epidemiological studies indicate that the incidence of injuries among people with ADHD is greater than those without ADHD. It is assumed that characteristics such as inattention, hyperactivity, impulsivity and behavioral problems are related to being injury-prone. Occupational therapy deals with human functioning. Therefore increased awareness and understanding of the relationship between ADHD and injury is very important, as it may affect one's ability to participate in meaningful daily occupations. It is recommended that the occupational therapy intervention include the identification individuals at risk for injuries, as well as the development of specific prevention and intervention programs. In addition, the impact of these programs on the risk of injuries should be examined.